

**AVIEMORE HIGHLAND HALF MARATHON 2009 GUN TIME****INDIVIDUAL OVERALL**

<b>MENS WINNER</b>	Tommy Lawrence Dunfermline Carnegie Harries	01.15.18
<b>MENS RUNNER UP</b>	Graham Bee Aberdeen Fife AC	01.16.02
<b>MENS THIRD PLACE</b>	Niku Millott Aberdeen Metro Aberdeen Running Club	01.17.39
<b>LADIES WINNER</b>	Elaine Laver Caversham, Reading	01.24.05
<b>LADIES RUNNER UP</b>	Lisa Finlay Dalbeattie Dumfries Running Club	01.24.31
<b>LADIES THIRD PLACE</b>	Pamela Tosh Aberdeen	01.25.02
<b>INDIVIDUAL VETERAN (Age 40 –49)</b>		
<b>MENS VET WINNER</b>	David Armour Stirling Forres Harriers	01.17.40
<b>MENS VET RUNNER UP</b>	Mark Cooper Perth Perth Road Runners	01.19.17
<b>MENS VET THIRD PLACE</b>	Alastair Laidlaw Edinburgh	01.19.52
<b>LADIES VET WINNER</b>	(Lisa Finlay Dalbeattie Dumfries Running Club)	01.24.31
<b>LADIES VET RUNNER UP</b>	Sonia Armitage Monymusk, Inverurie Aberdeen AAC	01.28.52
<b>LADIES VET THIRD PLACE</b>	Erni Hamilton Perth	01.33.00
<b>INDIVIDUAL SUPER VET(Age 50 –59)</b>		
<b>MENS SUPERVET WINNER</b>	Lewis Walker Buckie	01.23.24
<b>LADIES SUPERVET WINNER</b>	Judith Dobson Kinross Kinross Road Runners	01.34.46
<b>INDIVIDUAL VINTAGE (Age 60+)</b>		
<b>MENS VINTAGE WINNER</b>	Peter Sarson Uttoxeter Stafford Harriers	01.26.34
<b>LADIES VINTAGE WINNER</b>	June Buchan Aberdeen Metro Aberdeen Running Club	01.50.01

<b>INDIVIDUAL LOCAL</b>		
<b>FIRST LOCAL MALE</b>	Alan Riach Nethybridge Cairngorm Runners	01.26.30
<b>FIRST LOCAL FEMALE</b>	Amy Gibson Aviemore Cairngorm Runners	01.44.36